



ARE YOUR KIDNEYS WORKING?

We Offer FREE Kidney Checks!

Getting your kidneys checked with us is FREE! Our monitors tell us your estimated glomerular filtration rate (GFR) and Creatinine levels in 30 seconds. The GFR lets us know how well your kidneys are functioning; a rate below 60 would indicate stages of Chronic Kidney Disease, below 15 indicates End Stage Renal Disease.

*Kidney Disease Risk Factors:

- Diabetes
- High Blood Pressure
- High Cholesterol
- Cardiovascular Disease
- Family History
- Smoking
- Obesity
- Being African-America, Hispanic, Asian, or Native American
- Being over 60 years old

The sooner you know your kidney health the sooner you can get treatment to help delay or prevent kidney failure!



KEEP CALM AND LOVE YOUR KIDNEYS!

DID YOU KNOW?*

DIALYSIS COSTS ON AVERAGE \$89,000 A YEAR PER PATIENT

ONLY 35% OF PATIENTS WILL REMAIN ALIVE AFTER 5 YEARS OF DIALYSIS TREATMENT

THERE IS A SHORTAGE OF KIDNEY DONORS & THE NEED FOR THEM ARE RISING

LONG TIME USE OF OVER THE COUNTER PAIN MEDICATION IS DAMAGING TO THE KIDNEYS

COASTAL BEND KIDNEY FOUNDATION

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